



MARCH | 2023

Elementary Lunch Menu

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Spring Break

Build a Meal

Chose 3-5 meal components to make a health, well-balanced meal:

- Protein-Whole Grain-Fruit- Vegetable- Milk
- One component must be a fruit or vegetable, may chose up to 2 of each

Daily Alternative Choices:

All alternative meals include choice of milk, fruit and/or vegetable

Mon/Wed/Fri:

- Lunch Kits (similar to lunchables):
 - Pizza
 - Turkey, Cheese and Crackers

Tues/Thurs:

- Peanut-Free Wowbutter and Jelly Sandwich^V
- Protein Power: yogurt, grain, string cheese^V

Meal Prices:

Breakfast: \$2.25

Lunch: \$3.40

Adult: \$4.80

Extra Milk: \$0.50

27 Beef Teriyaki Dippers
Dinner Roll
Carrots
Fresh Fruit
Choice of Milk

28 Mini Corn Dogs
Baked Beans
Fresh Fruit
Choice of Milk

29 Bosco Sticks with
Marinara Sauce
Corn
Fresh Fruit
Choice of Milk

30 Orange Chicken
Vegetable Fried Rice
Broccoli
Fresh Fruit
Choice of Milk

31 Sliced Cheese Pizza
Cucumbers
Fresh Fruit
Choice of Milk